

The Fine Art of Calligraphy

Tutor: Ulrich Boden 9:30 – 10:45 & 11:15 – 12:30

“Calligraphy” derives from two Greek words meaning ‘beautiful writing’. As taught in this School, calligraphy is regarded as a spiritual discipline.

The practices of:

- (i) resting the attention where the tip of the pen meets the writing surface, and
- (ii) being in the present moment are most essential.



This course shows the beauty of letters and the spatial relationship of letters and words.

This practical course starts with the ‘Foundational Hand’, also called ‘Round Hand’, with a dip-inkpen and teaches the skill of lettering.

New students welcome but need to attend both sessions.

Foundation Sanskrit (5th Term)

Tutor: Irena Nicoll

11:15 – 12:30

This is the fifth term of the Sanskrit course which is designed to equip the student with a grasp of the fundamentals of the Sanskrit Language. It would be suitable for those who wish to refresh their knowledge of the language.

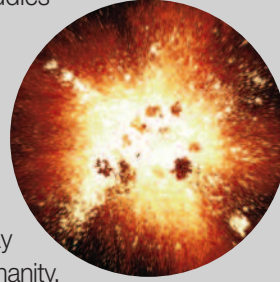


This term will continue with exercises in translation of simple stories of Krishna, learning more vocabulary and grammar, and a focus on the use of the Monier-Williams Sanskrit Dictionary. The basis of the study is the penetration into the spiritual and philosophical wealth revealed through the Sanskrit language.

Laws of Creation and Time

Tutors: Geoffrey Pearce + others 11:15 – 12:30

This course arises out of the studies conducted over many years by members of the Astronomy faculty into the fundamental laws governing the creation and time. These laws show that there are subtle forces at work affecting our lives every day that are unknown to most of humanity.



The topics to be covered include:

- Consciousness and the mechanical universe indicated by the planets
- Laws of Karma and Reincarnation
- Time – what is it? Is there a right time to commence important actions?
- Astrological cycles affecting the rise and fall of cultures and the current economic situation
- The Intelligent Universe
- Practical Astronomy
- Relationship between the Law of Three to the Laws of Nature
- Quantum Mechanics and Indian Philosophy

Dates, enrolling and location

Dates for the nine-week courses:

First Saturday: 23 January
Half term: 20 February
Last Saturday: 28 March

Course Fees

	Full fee	Concession	Student
Two Sessions each morning or Magic and Power of Speech	£90	£60	£30
If enrolled this term on Philosophy or Economics	£45	£45	£30
One session each morning (not Speech)	£45	£45	£30

Location and enquiries

11 Mandeville Place, London W1U 3AJ

Phone: 020 7034 4000

email: secretary@schooleconomicsscience.org



Charity No. 313115

“very useful, discussion is better than anything else, often highlights the wrong idea one has.”

“stimulating, confidence building, highlight of my week”

“I love it, good company, tutor is fantastic.”

Horizons

Saturday Morning Studies at **11 Mandeville Place, W1**



Ten courses held in a friendly and enthusiastic atmosphere.

- The Magic and Power of Speech
- Laws of Creation and Time
- Dialectic
- Foundation Sanskrit (fifth term)
- Introductory Sanskrit
- The Fine Art of Calligraphy
- Marsilio Ficino
- Ayurveda and Meditation
- Introduction to the teachings of the Upanishads
- St John's Gospel in the Light of Vedanta

An Introduction to the teachings of the Upanishads

Tutor: Rev Dr Stephen Thompson 9:30 – 10:45

We continue to study systematically the first of the Upanishads with the help of the Sanskrit and the earliest and profound commentary on it by Adi Sankara. This is a wonderful opportunity to penetrate and be penetrated by the oldest philosophical literature in the world, which gives access to the highest wisdom.



The class is open to all interested in the teaching of the Upanishads. No prior study of either the Upanishads or Sanskrit is assumed, although knowledge will of course be no bar!

We shall spend this fourth term on the last remaining quarter of the Isha Upanishad before proceeding to the Kena Upanishad, the next one traditionally studied, with its equally profound content. It too will be studied with the aid of Adi Sankara's great commentary, following the approach recommended by Sankara to these great Vedic mantras viz. Sravanam (listening) Mananam (reflection) and Nididhyasanam (meditation on them so we become one with them)

Introductory Sanskrit

Tutor: Nick Street 9:30 – 10:45

This is the second term in the foundation Sanskrit course. We will be examining topics such as how a word develops from its root meaning to its manifest form, and the theory and practise of simple sentences.

The course proceeds on the basis of a practical approach with sounding as well as a philosophical and spiritual approach to this beautiful language. Beginners for term two should have a basic knowledge of the alphabet.

Dialectic

Tutor: Richard Garry 9:30 – 10:45

...the investigation of the truth of opinions through logical discussion. It 'goes to first principles and lifts the soul' (Plato – Republic)



Principles of dialectic are: willingness to be proved wrong, love of knowing the truth, following the thread of a conversation and answering questions. We shall –

- Consider the nature and benefits of dialectic
- Observe speech in operation
- Spot assumptions
- Contrast dialectic with rhetoric
- Exercise the ability to combine and divide correctly
- Distinguish where meanings are different and where they are the same.

All welcome to explore this fundamental subject

Ayurveda and Meditation A Holistic Approach to Health

Tutor: Linda Thompson MSc (ayurvedic med.) 9:30 – 10:45

Ayurveda is probably the most ancient known medical science.

This traditional system encompasses diet, and herbs, together with self-care, massage, therapeutics and the environment.

It also recognises the value of yoga, meditation and prayer. Ayurveda encompasses a spiritual and philosophical approach to healing connecting the personal and universal, and the mundane life with the inner reality of 'Self.' The inner

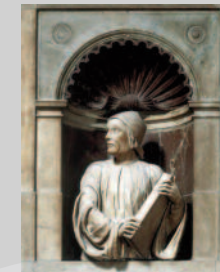


focus of meditation helps us to create a space of peace and tranquillity. Meditation calms the mind, relaxes the body and allows us to witness life as a dispassionate observer. This practice brings clearer discrimination of perceived pressures and stresses in life, with more accurate perception and vision of who we really are and the purpose of our lives for health and happiness.

Marsilio Ficino

Tutor: Nicholas de Mattos 11:15 – 12:30

Marsilio Ficino, the great, but severely underestimated, Florentine philosopher, spoke frequently about the 'cultivation of the soul'. What did he mean by this? He said the following in a letter to his friend Cavalcanti: *'Every soul should withdraw from the encumbrance of the body and become centred in the mind, for then fate will discharge its force upon the body without touching the soul'*. After a term considering what it is to have strength of mind, we can appreciate part of this statement, but is it the key to the 'nobility of the soul'? In another letter, Ficino says: *'The internal does not depend on the external; rather does the external depend on the internal'*. Should we perhaps take Ficino's hint and give some attention to this all-important matter?



St. John's Gospel in the Light of Vedanta

Tutor: Rev Dr Stephen Thompson 11:15 – 12:30

This is a fresh exploration of one of the seminal texts for our civilization.

This is our third term in which we begin chapter two of the Gospel in the light of the Advaitic teaching expressed by Christ's words in the Gospel 'I and my Father are One'.

Journey with us in this powerfully profound and practical study of Christ's teachings.

The starting point for our study is an in depth study of St. John's Gospel with its profound resonances with Upanishadic teaching. No prior knowledge of Greek is expected, though the beauty of both the English and the Greek, made available with the support of transliteration, becomes steadily more accessible as we systematically penetrate the text together. At every step in a spirit of open enquiry we are seeking to discover how the 'Word is made flesh and dwells among us' by study and reflection.



The Magic & Power of Speech

Tutors: David Ward and David Goymour
10:00 – 12:30 with break

This course aims to explore the use of the voice in reading English poetry and prose and in presenting personal ideas and observations with clarity and honesty. Vocal exercises are given, including some singing, to develop the characteristics and potential of speech. Projection of the voice and clarity of diction are encouraged as well as variety of tone and dynamic. This interactive course is as much about how you say something as what you have to say.

Over the past year people enrolling on this course have arrived with various aims, often related to improving their communication skills in a work context.

People have grown in confidence, and this will be developed further. Whether you want to sharpen up your business presentations or hold your own in conversation, the magic of speech is yours for the taking.

It's highly practical and great fun!

