

## Shakespeare Today

Presenter: Neville Wortman 11:15 – 12:30

(Voice and drama coach, former BBC TV Staff producer, RADA Gold Shakespeare Certificate with Merit)

*"There is no better way for an actor to train his intellect, his body, his breathing, his voice, and his skills in communicating with an audience than by playing Shakespeare"* Sir Peter Hall

Evidence suggests that in Shakespeare's time, speech had richer vowels and percussive consonants. We can approach his language like a score of music: penetrate its meaning, and tap the deepest emotion behind the sound.

This interactive course works with Shakespeare's words to discover the acting clues he provided within the texts, laying as he did so the very foundations of modern English.

No previous experience is necessary. Everyone is encouraged to be bold and allow the words to work; to move and improvise, like the best jazz players.



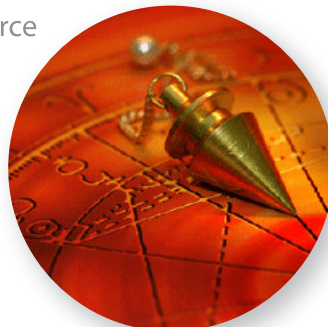
This term we will see how Shakespeare has been interpreted and played on film, viewing excerpts from some of the greatest films of our time. We will also work with the Sonnets, discovering how they speak personally to all of us, today.

*The course will appeal both to people who have been on it previously as well as to those for whom it would be entirely new.*

## Vedic Astrology - Second term

Presenter: Geoffrey Pearce  
11:15 – 12:30

Those who attended the popular introductory course last term have an opportunity to continue their studies exploring this fascinating subject in greater detail.



## Discovering Poetry

Presenter: Alan Roberts BA, MA, PGCE 11:15 – 12:30

This course aims to discover the place of poetry in our lives and in the traditions of our city, our nation, our language and our common humanity.



We shall read poetry from the Renaissance, the Enlightenment, the Prophetic Tradition, and the Romantics including Shakespeare, Pope, Blake, Keats and Tennyson.

There will be exercises in listening to the voice of the poet expressing truth and harmony, rhyme and rhythm, metaphor, emotion and story. We shall also create our own poetry with emphasis on sound, empathy, sense and speech.

*New students are welcome*

## Sanskrit - a Foundation course for beginners

Presenter: Rev Dr Stephen Thompson 11:15 – 12:30

We shall look at the system of karaka, the cases - 'six characters in search of the author'. New students are welcome. This course is still accessible to beginners willing to work to catch up - there is in class support.



## Spring Term 2012

### Dates, enrolling and location

#### Dates for the nine week courses:

First Saturday: 21 January  
Half term: 18 February  
Last Saturday: 24 March

#### Course Fees

Saturday Studies (one or two courses)

Full Rate	£45
Concession (not earning at all)	
Already enrolled on another London School Course	
Student in full-time education in the UK	£30

#### Location and enquiries

11 Mandeville Place, London W1U 3AJ

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Saturday Morning Studies  
at 11 Mandeville Place, W1

# Horizons



*"I love the course – highly recommended."*

- The Confident Voice
- Plato's Republic
- The Fine Art of Calligraphy
- Shakespeare Today
- Marsilio Ficino – Justice
- Ayurveda and Lifestyle
- Vedic Astrology – Introductory Course
- Vedic Astrology – Second term
- Discovering Poetry
- The Kena Upanishad
- Sanskrit - A Foundation Course

All Welcome

## Vedic Astrology - Introductory Course

Presenter: Geoffrey Pearce

9:30 – 10:45

Due to substantial demand, a further introductory course will start this term.

Vedic Astrology is a branch of the Veda – the sacred knowledge of India, and is called “Jyotish Shastra”, science of light. It is vastly different from popular modern astrology.

The whole subject will take more than one term to complete, but we will start by studying:

- Use of astronomy in calculating the natal chart
- How nine planets influence us for good or ill
- Qualities of the twelve signs of the zodiac
- Effect of the Moon through 27 lunar constellations
- Twelve compartments of our life where the planets may act
- Method for ascertaining the time of major changes in our life
- How to Interpret and use the natal chart
- Tools for dealing with difficult problems we experience



## The Kena Upanishad

Presenter: Rev Dr Stephen Thompson 9:30 – 10:45

We continue our study of Part 2 of the Kena with the help of the Sanskrit and the profound commentary by Sankara. This is a wonderful opportunity to penetrate and be penetrated by some of the oldest philosophical literature in the world, giving access to the highest wisdom.

We shall continue using detailed notes and transliteration of words made easily accessible to everyone, whatever their previous level of experience. Even if you are starting on this wonderful enquiry into ‘What has called the mind to the hunt?’, the study will be a delight.



*The course is open to all - including newcomers - interested in the teaching of the Upanishads. No prior study of either the Upanishads or Sanskrit is assumed.*

## Ayurveda and Lifestyle

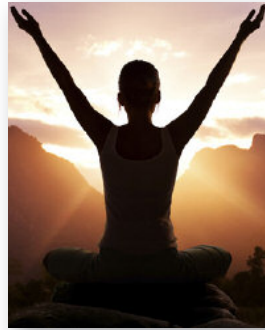
Presenter: Linda Thompson MSc (ayurvedic.med.) 9:30 – 10:45

The idea that purity, virtue and merit are the best medicine for maintaining good health, and a long life free from disease, is very old.

Ayurveda is an ancient, traditional Indian holistic system of medicine. It encompasses diet, lifestyle and herbs as well as yoga, meditation and prayer. The prescriptions advise the avoidance of unwholesome habits and the acceptance of wholesome ones, including a nourishing diet for physical health and a happy and enjoyable life, according to our own individual constitutions.

The holistic approach of Ayurveda presents vital information for a balanced and healthy life in mind, senses, body and soul, through philosophical and spiritual healing which connect the personal to the universal, and the so-called ‘mundane life’ to the reality of the inner Self.

Discover the truth of who we are and the purpose of life for perfect health, happiness and freedom.



## Plato's Republic

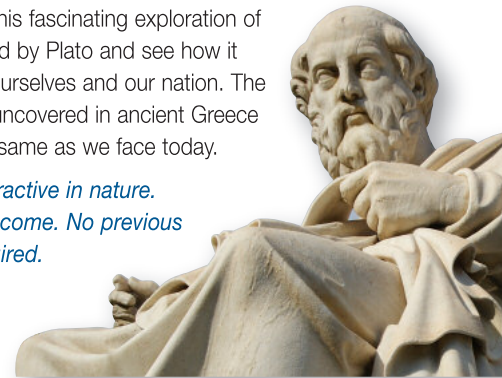
Presenter: Brendan Crehan 9:30 – 10:45

In this seminal work Plato enquires, with great philosophical perception, into the nature of justice and man's role in society. Such enquiry, he says, also leads naturally to questions about the role of a nation and the conduct of its affairs.

The Republic encompasses very many of the outstanding issues of our present age in the fields of law, education, leadership and government, including the key question: how should I lead my life?

Come and join in this fascinating exploration of justice as described by Plato and see how it informs us about ourselves and our nation. The principles that he uncovered in ancient Greece are essentially the same as we face today.

*The course is interactive in nature. All are warmly welcome. No previous knowledge is required.*



## The Confident Voice

Presenter: Neville Wortman 9:30 – 10:45

(Voice and drama coach, former BBC TV Staff producer, RADA Gold Shakespeare Certificate with Merit)

Want to be a more confident speaker? To present your ideas with greater clarity and persuasiveness? If so, this popular and highly interactive course is for you.

Above all it's practical and great fun.

Knowing what you want and discovering what others want is the key to effective negotiation. Focusing on the use of clear language, vocabulary and routines you can learn a range of skills and techniques to enhance your communication at all levels.



We show how words and movement can more effectively enliven and enrich everyday conversation. Good speech is hard to define, but instantly recognisable.

It has the qualities of freedom, effortlessness and ease of understanding.

We practice with the words of great exponents of the English language; writers, speakers, poets and dramatists. And we make them ‘our own words’, putting them into action in the moment.



## The Fine Art of Calligraphy

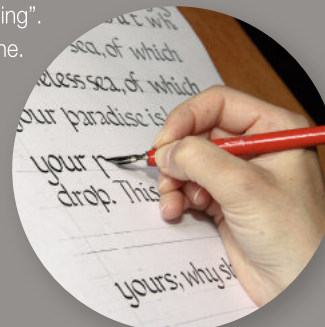
Presenter: Ulrich Boden 9:30 – 10:45 & 11:15 – 12:30

*Two successive sessions with a break.*

“Calligraphy” means “beautiful writing”. It is regarded as a spiritual discipline.

In calligraphy, the practices of resting the attention where the tip of the pen meets the writing surface, and being in the present moment, are essential.

This course shows not only the beauty of letters and the spatial relationship of letters and words, but also of the stillness available during practice.



## Marsilio Ficino – Justice

Presenter: Nicholas de Mattos 11:15 – 12:30

We continue our in-depth survey of what the Florentine philosopher Marsilio Ficino, sometimes called the ‘Father of the Renaissance’, has to say about each of the virtues he lists as ‘leading a man to happiness’. Having dwelt for the last two terms on prudence and its close relation, providence, we follow his lead in linking these with Justice.

Here are a few of the things he says about this virtue:

- ‘justice is really a quality of will’;
- ‘souls fly back to heaven on two wings.....justice and wisdom’;
- ‘justice....freely gives each man his own’

There is clearly a considerable amount we can still learn from Ficino about this apparently well-known virtue. Do join us in our explorations; it really does not matter if you have not been in on our previous discussions – your presence and contribution will be most welcome.

